

# PORTSMOUTH REGIONAL HOSPITAL

333 Borthwick Avenue  
Portsmouth, NH 03801  
(603) 436-5110

## DIRECTIONS

Portsmouth Regional Hospital is easily accessible by major highways in New Hampshire, Maine and Massachusetts. This website contains street maps for all the physicians on our active medical staff. To find out where your doctor is located, please visit the Doctors section of our website.

To Portsmouth Regional Hospital:

### Traveling north:

Take I-95 North to Exit 3, the first Portsmouth exit. Turn right onto Route 33 eastbound. Proceed about 600 feet to the traffic light and make a left turn. The road veers to the right and becomes Borthwick Avenue. Follow Borthwick Avenue to Portsmouth Regional Hospital on the left.

### Traveling south:

Take I-95 South to Exit 3, the last Portsmouth exit. Turn right onto Route 33 eastbound. Cross over I-95 and proceed about 600 feet to the traffic light and make a left turn. The road veers to the right and becomes Borthwick Avenue. Follow Borthwick Avenue to Portsmouth Regional Hospital on the left.

### Traveling east on Routes 4 and 16:

US-4 E becomes NH-16 S. Enter the Portsmouth Traffic Circle, travel half-way around the circle and follow signs for Route 1 By-pass South. Take a right onto Borthwick Avenue. Portsmouth Regional Hospital is on the right.

